1.	Details of the person discharging managerial responsibilities / person closely associated		
a)	Name	John Charles Forrest	
2.	Reason for the Notification		
a)	Position/status	Chief Financial Officer	
b)	Initial notification/amendment	Initial notification	
3.	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Upland Resources Limited	
b)	LEI	213800MRG7ISJEK8YA38	
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv)each place where transactions have been conducted		
a)	Description of the Financial instrument, type of instrument	ordinary shares of no par value	
	Identification code	JE00BJXN4P16	
b)	Nature of the Transaction	Purchase of ordinary shares	
c)	Price(s) and volume(s)		
		Price(s) Volume(s)	
		1. 0.6p 2,291,666	
d)	Aggregated information	Single transaction as in 4 c) above	
	Aggregated volume Price		
e)	Date of the transactions	24 July 2023	
f)	Place of the transaction	London Stock Exchange	

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1.	Details of the person discharging managerial responsibilities / person closely associated		
a)	Name	John Charles Forrest	
2.	Reason for the Notification		
a)	Position/status	Chief Financial Officer	
b)	Initial notification/amendment	Initial notification	
3.	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Upland Resources Limited	
b)	LEI	213800MRG7ISJEK8YA38	
4.		o be repeated for (i) each type of instrument; (ii) each type of place where transactions have been conducted	
a)	Description of the Financial instrument, type of instrument	Warrants, each warrant to subscribe for one ordinary share of no par value	
	Identification code	JE00BJXN4P16 (ordinary shares)	
b)	Nature of the Transaction	Grant of warrants to subscribe for new ordinary shares	
c)	Price(s) and volume(s)		
		Price(s) Volume(s)	
		1. 1.2p 1,145,833 warrants	
d)	Aggregated information	Single transaction as in 4 c) above	
	Aggregated volume Price		
e)	Date of the transactions	24 July 2023	
f)	Place of the transaction	Outside a trading venue	

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